

"I can do it myself"

Hello industriousness



Objectives

To know how to observe and recognize who needs help near me: at home, in school, among my friends.
To be conscious of the joy that we experience when we render some "service" to someone.

Where we left off...

Last time, we built and put into action "the clock of time given": we were so committed in not wasting our time in useless things but in giving it to improve ourselves and those around us. Let's share how it went.

- How much of our time were we able to give?
- In which moments was it particularly difficult to fight laziness? How did we overcome it?





waiters' relay

OBJECTIVE: to set the table for more diners in the best possible time.

DURATION: 15 minutes.

VENUE: Outdoors or in a large hall.

PLAYERS: from 4 and up.

MATERIALS: two paper tablecloths; plastic plates, glasses, knives, spoons, and forks; two aprons, two bonnets, two trays, two caps.

FLOW: Form two teams with equal number of players. Place each team in a single file on the starting line. The goal of the game is to set the table placed at the other side of the field with what is necessary. At the start, the first player – after putting on apron and cap – sets off with a tray to take one thing and starts to set the table (either on the ground in a space assigned to one's team or on the table if available). Then the first player turns back and gives the tray and cap to the next

player who will continue setting the table. The winner is the team who gets to set the table for more diners when the time expires..

INDUSTRIOUSNESS in films

On the website <http://assistentigen3.focolare.org> you can download the videoclip **Ants team work** that highlights how teamwork requires everyone's ingenuity and commitment to resolve difficulties.

DURATION OF THE VIDEO: 3'15'

On the same website, you can also find another video titled **The Tree**.

This motivational video lets us reflect on the fact that while many "wait for" solutions, there are those who change the world through their actions.

DURATION OF THE VIDEO: 2'31'

Let's live in this way

One day at school, I noticed that one of my classmates was not feeling well and when we started our class, I saw that she was sleeping. A voice inside me told me to help Jesus in her and to do something concrete. I went to the secretary to inform her and so they provided and gave her some medicines that she needed. After a while, she felt better. She thanked me and we were both happy.

E. - Uganda



Rather than enjoying time with our friends and spending our time in front of a computer or TV, why not take advantage of the vacation in order to do something different? From this wish, together with the Teens for Unity, we came up with the idea of "alternative vacations" in which we would give our free time to help those who are in need, perhaps by learning about the meaning of work.

Our project started in La Guardia, a locality of Sierra near Santa Cruz, one of the biggest cities of Bolivia, where there is a Center for poor children from two to six years old. some houses. We sanded and painted doors and windows; we helped in putting up the playground. One afternoon, we visited the families of our "pupils" in order to know more about their life and build a rapport of closer friendship [with them].

We didn't know how they would welcome us, but our fears were really unfounded because the moment we arrived their joy made us understand that they had been waiting for this moment for some time.

We immediately forgot about our long trip and played with them! There was also a lot of work to do: the children wanted to learn how to write, read, and count. There was a need to cover some books and also to help in building

It was truly a different vacation! Of course we would get tired in the evening, but we were very happy because we had loved all day, and because of the very wonderful experiences we made with the children. We had lived the culture of giving and realized that what we have has a great value, especially because we can always share it!

R. Bolivia

INDUSTRIOUSNESS

How did Mary live industriousness, which is the opposite of sloth, of laziness?

Returning from Egypt, this small family of Mary, Joseph, and Jesus lived in Nazareth.

Now Jesus was the Son of God, Our Lady was chosen for a very great mission. They could probably think of receiving plenty of gifts from others, of being served by others.

But instead no. In that family, everyone worked and there was no idleness.

We know that Joseph was a carpenter, that Jesus helped him, that Our Lady kept the house and thought of attending to his family with much care.

The family of Nazareth was truly industrious.

Chiara

On the website
<http://assistentigen3.focolare.org>
Video in IT – EN – ES
and PPT in international version

Chiara Lubich,
Gen 3 Congress, 1973, Rocca di Papa,
"NO TO VICES, YES TO VIRTUES"

Deepening

Let's busy ourselves with the Word

Read together the Word of Life suggested for this virtue that corresponds to the Gospel passage: «**For all those who have, more will be given, and they will be given in abundance; but from those who have nothing, even what they have will be taken away**» (Mt 25:29). Let's help one another in carrying out concrete tasks in order to live it.





